


JULY 2025

CALENDAR OF EVENTS

Activity Coordinator: ELOUISE HOOKER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>1</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. News Break 11:00 A.M. Exercises w/Staff 12:00 P.M. Chat/Chew 1:00 P.M. Team Building Sports (Soccer)</div>	<div>2</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. I Forgot Day 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Jewelry Design w/Creative Couture 1:00 P.M. Bingo w/SYEP</div> <div>Caregivers Lounge 5-7pm</div>	<div>3</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. ZBC Freedom School Getting to know you – Interview & share 12:00 P.M. Chat/Chew 1:00 P.M. Team Building Sport</div> <div>GNJ 4th of July Cookout!</div>	<div>4</div> <div></div> <div>GNJ Will Be Closed in Observance of Independence Day</div>	<div>5</div> 
<div>6</div> 	<div>7</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. World Chocolate Day 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Team Building Sports (Bowling)</div>	<div>8</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. National Love Your Skin Day – (Hand Massages) 11:00 A.M. Art for the Aging 12:00 P.M. Chat/Chew 1:00 P.M. Music Memory Café w/ Bill Davis</div>	<div>9</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 12:50 P.M. ZBC Freedom School – Stories and Imagination 1:00 P.M. Jewelry Design w/ Creative Couture</div>	<div>10</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Sing-along 11:00 A.M. Band Exercise w/Dion 12:00 P.M. Chat/Chew 12:45 P.M. Team Building Sport (Basketball)</div>	<div>11</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. News Break 11:00 A.M. Art Therapy w/ Dominique 12:00 P.M. Chat/Chew 1:00 P.M. Dance Fever</div>	<div>12</div> 
<div>13</div> 	<div>14</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Senior Trivia 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 12:50 P.M. ZBC Freedom School Playful Connections – Games & Laughter</div>	<div>15</div> <div>National Give Something Away Day</div> <div>GNJ ANNUAL SENIOR BOWLING TRIP \$\$ Rinaldi's Bowling Alley w/Lunch</div>	<div>16</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Jewelry Design w/ Creative Couture 1:00 P.M. Psychosocial w/Lillian & Dexter</div> <div>Caregivers Lounge 5-7pm</div>	<div>17</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Sing-along 11:00 A.M. Nutrition Talk w/Laura 12:00 P.M. Chat/Chew 1:00 P.M. Team Building Sport 2:00 P.M. Music Memory Café Rehearsal w/ Bill Davis</div>	<div>18</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Walk n Stroll 11:00 A.M. National Nelson Mandela Day 12:00 P.M. Chat/Chew 1:00 P.M. Yoga w/ Pat</div>	<div>19</div> <div>CAREGIVERS SUPPORT GROUP</div> <div>11:00am- 1:00pm Caregivers Support Group Conference Call Only 1-425-436-6335 Passcode: 799162</div>
<div>20</div> 	<div>21</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Senior Trivia 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 12:50 P.M. ZBC Freedom School Creative Expressions – Arts & Crafts Together</div>	<div>22</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Walk n Stroll 11:00 A.M. Exercise w/Staff 12:00 P.M. Chat/Chew 1:00 P.M. Monthly Birthday Party Celebration</div>	<div>23</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Jewelry Design w/ Creative Couture 1:00 P.M. Karaoke w/Dion</div>	<div>24</div> <div>10:00 A.M. Coffee, Tea & Comics 10:30 A.M. Think Fast Games 11:00 A.M. Arts for the Aging 12:00 P.M. Chat/Chew 1:00 P.M. Tean Building Sport</div>	<div>25</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Walk n Stroll 11:00 A.M. Parents Day Celebration! 12:00 P.M. Chat/Chew 1:00 P.M. Yoga w/ Pat</div>	<div>26</div> 
<div>27</div> 	<div>28</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Senior Trivia 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Family Feud w/Dion</div>	<div>29</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. ZBC Freedom School Sharing Talents – Tech & Learn 12:00 P.M. Chat/Chew 1:00 P.M. Karaoke w/Dion</div>	<div>30</div> <div>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Jewelry Design w/ Creative Couture 1:00 P.M. Bingo w/SYEP 2:00 P.M. Music Memory Café Rehearsal w/ Bill Davis</div> <div>Caregivers Lounge 5-7pm</div>	<div>31</div> <div>GNJ ANNUAL SENIOR BEACH TRIP TO SANDY POINT \$\$</div>	<div>Genevieve N Johnson Senior Day Care Center Lisa Thomas, Project Manager 4817 Blagden Avenue, N.W. Washington, DC 20011 Main Number: (202) 723 – 8537 Fax: (202) 726 -1474</div>	