

APRIL 2025

CALENDAR OF EVENTS

Activity Coordinator: ELOUISE HOOKER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		APRIL FOOL'S DAY 1 10:00 A.M. Coffee, Tea & News 10:30 A.M. "Fiction or Non-Fiction" 11:00 A.M. Band Exercises w/Dion 12:00 P.M. Chat/Chew 1:00 P.M. Team Building Senior (Corn Hole Toss)	2 10:00 A.M. Coffee, Tea & News 10:30 A.M. OT Stim w/HU OTD 10:30 A.M. GNJ National Walk Day 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Spelling Bee Contest	3 10:00 A.M. Coffee, Tea & News 10:30 A.M. Ward 4 Bingo Event Trip @ Emery Heights Community Center 11:00 A.M. Arts for the Aging (AFTA) 12:00 P.M. Chat/Chew 1:00 P.M. Family Feud	4 10:00 A.M. Coffee, Tea & News 10:30 A.M. Shake Rattle & Roll 11:00 A.M. Creative Arts w/Staff 12:00 P.M. Chat/Chew 1:00 P.M. Team Building Sports Game (Bowling)	
6 	7 10:00 A.M. Coffee, Tea & News 10:30 A.M. Brain Games (ABC Grocery) 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Spring Jackpot Bingo\$\$	8 10:00 A.M. Coffee, Tea & News 10:30 A.M. Daily News Review 11:00 A.M. Music Memory Cafe Jam Session w/ Bill Davis 12:00 P.M. Chat/Chew 1:00 P.M. Team Building Sports Game (Cup in the Square)	9 10:00 A.M. Coffee, Tea & News 10:30 A.M. OT Stim w/HU OTD 10:30 A.M. Health Talk w/Elouise 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Charades w/ Dion Caregiver Lounge 5-7pm	10 10:00 A.M. Coffee, Tea & News 10:30 A.M. Today's Horoscope 11:00 A.M. Team Building Sports Game (Balancing Ball) 12:00 P.M. Chat/Chew 1:00 P.M. Family Feud	11 10:00 A.M. Coffee, Tea & News 10:30 A.M. Shake Rattle & Roll 11:00 A.M. Art Therapy w/ Dominique 12:00 P.M. Chat/Chew 1:00 P.M. Chair Yoga w/ Pat	12 
13 PALM SUNDAY 	14 10:00 A.M. Coffee, Tea & News 10:30 A.M. Brain Games (States) 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Outdoor Soccer	15 10:00 A.M. Coffee, Tea & News 10:30 A.M. Mind Bogglers 11:00 A.M. Band Exercises w/Dion 12:00 P.M. Chat/Chew 1:00 P.M. Red Hat Ladies Social 1:00 P.M. Circle of Brothers w/ Dexter/Dion	16 10:00 A.M. Coffee, Tea & News 10:30 A.M. OT Stim w/HU OTD 2nd Fl. Last Day 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Jewelry Design w/Creative Couture 1:00 P.M. Psychosocial Group w/ Lillian/Dexter	17 10:00 A.M. Coffee, Tea & News 10:30 A.M. "Think Fast" 11:00 A.M. Arts for the Aging (AFTA) 11:00 A.M. Nutrition Education w/ Laura (2nd Fl.) 12:00 P.M. Chat/Chew 1:00 P.M. Family Feud	18 10:00 A.M. Coffee, Tea & News 10:30 A.M. Shake Rattle & Roll 11:00 A.M. Creative Arts 12:00 P.M. Chat/Chew 1:00 P.M. Easter Matinee Movie w/Snacks	19 CAREGIVERS SUPPORT GROUP 11:00 am- 1:00pm Caregivers Support Group Conference Call Only 1-425-436-6355 Passcode: 799162
20 HAPPY EASTER 	21 10:00 A.M. Coffee, Tea & News 10:30 A.M. Brain Games (ABC Cities) 11:00 A.M. YMCA Exercise w/Nadine 12:00 P.M. Chat/Chew 1:00 P.M. Outdoor Spoon Egg Race	22 EARTH DAY COMMUNITY EGG HUNT 10:00 A.M. Coffee, Tea & News 10:30 am till 2:00pm Community Spring Egg Hunt	23 10:00 A.M. Coffee, Tea & News 10:30 A.M. OT Stim w/HU OTD 10:30 A.M. Health Promotion Talk w/Nurse Padgett 11:00 A.M. Band Exercises w/ Dion 12:00 P.M. Chat/Chew 1:00 P.M. Outdoor Volleyball Caregiver Lounge 5-7pm	24 10:00 A.M. Coffee, Tea & News 10:30 A.M. Dollar Tree \$\$ 11:00 A.M. Exercise 12:00 P.M. Chat/Chew 1:00 P.M. Karaoke w/Dion	25 10:00 A.M. Coffee, Tea & News 10:30 A.M. Shake Rattle & Roll 11:00 A.M. Manicures w/ Elouise 11:00 A.M. Barbershop Talk w/ Dion 12:00 P.M. Chat/Chew 1:00 P.M. Chair Yoga w/ Pat	26 
27 	28 10:00 A.M. Coffee, Tea & News 10:30 A.M. Brain Games (Word Find) 11:00 A.M. Weightlifting w/ Dion 12:00 P.M. Chat/Chew 1:00 P.M. Outdoor Noodle Throw	29 10:00 A.M. Coffee, Tea & News 10:30 A.M. Treasured Memories w/UDC SLP – 2nd Floor 10:30 A.M. Daily News Review 11:00 A.M. UDC Closing Presentation 12:00 P.M. Chat/Chew 1:00 P.M. Music Memory Cafe Jam Session w/ Bill Davis	30 10:00 A.M. Coffee, Tea & News 10:30 A.M. OT Stim w/HU OTD 10:30 A.M. Health Talk w/Elouise 11:00 A.M. Bend and Stretch 12:00 P.M. Chat/Chew 1:00 P.M. Spelling Bee Contest	Genevieve N Johnson Senior Day Care Program Lisa Thomas, Project Manager 4817 Blagden Avenue, N.W. Washington, DC 20011 (202) 723 – 8537 – Main Number (202) 726 -1474 – Fax		